

# children & young people's questionnaire (short)



This questionnaire is about bullying. Bullying means people doing nasty or unkind things to you on purpose, more than once, which it is difficult to stop.

This is about what you think and what may have happened to you or others you know. You do not have to answer the questionnaire, and you can leave out questions if you wish. But your answers will be confidential – do NOT put your name on the questionnaire.

Please answer all questions as truthfully as possible. There is a pupil/student information sheet with this questionnaire, which you can keep or pass on to a friend.

## First, tell us about yourself:

1:

I am a  boy  girl

2:

I am in Year \_\_\_\_\_

3: Do you have a Statement of Special Educational Needs or any form of disability?

- Yes
- No
- Not sure

School/setting:

## Your experiences of bullying in school

Tell us about any experiences you have of being bullied in the last 12 months.

### 4: Have you been bullied in school in the last 12 months?

- No
- Yes, a little
- Yes, a lot

If you have answered NO, please go straight to Question 9.

If you have answered YES (either 'Yes, a little' or 'Yes, a lot'), please answer the following questions ticking whichever apply.

### 5: What form/s did the bullying take?

(tick one box)

- Physical
- Verbal
- Indirect (spreading rumours, excluding you)
- Cyberbullying
- Racist bullying
- Homophobic bullying

### 7: Who did you tell?

(you can tick more than one box)

- No-one
- A member of school staff
- A friend
- An older boy or girl
- My parent or carer
- Another adult
- My brother or sister
- A peer supporter/buddy/befriender/mentor
- I phoned a helpline

### 6: When did the bullying last happen?

(tick one box)

- In the last week
- In the last month
- In the last term
- In the last 12 months

### 8: What happened?

(you can tick more than one box)

- Something was done that stopped the bullying
- Something was done but it didn't stop the bullying
- Something was done but it made the bullying worse
- Nothing was done but the bullying stopped anyway
- Nothing was done and the bullying carried on

## Your experiences of bullying outside school

### 9: Have you been bullied out of school during the last 12 months?

- No
- Yes, a little
- Yes, a lot

If you have answered NO, please go straight to Question 12.

If you have answered YES (either 'Yes, a little' or 'Yes, a lot'), please answer the following questions ticking whichever apply.

### 10: Who did you tell?

(you can tick more than one box)

- No-one
- A member of school staff
- A friend
- An older boy or girl
- My parent or carer
- Another adult
- My brother or sister
- A peer supporter/buddy/befriender/mentor
- I phoned a helpline

### 11: What happened?

(you can tick more than one box)

- Something was done that stopped the bullying
- Something was done but it didn't stop the bullying
- Something was done but it made the bullying worse
- Nothing was done but the bullying stopped anyway
- Nothing was done and the bullying carried on

## Have you witnessed bullying?

This section is about any bullying you may have seen during the last 12 months.

### 12: Have you seen any bullying in school in the last 12 months?

- No
- Yes, a little
- Yes, a lot

### 13: Have you seen any bullying outside school in the last 12 months?

- No
- Yes, a little
- Yes, a lot

## Have you taken part in bullying?

Now a question about whether you have taken part in bullying someone else.

### 14: Have you bullied anyone in the last year in school?

(tick one box)

- No
- Yes, a little
- Yes, a lot

## About your school

Now a few questions about your school

**15: Do you feel that your school is a happy and caring school?**

- Yes, usually
- Yes, sometimes
- No

**16: Do you feel safe at school?**

- Yes
- Most of the time/most places
- No

**17: Does your school seek and listen to the opinions of pupils?**

- Yes, usually
- Yes, sometimes
- No

**18: Have you ever been involved in or asked about your school's Anti-Bullying Policy?**

- Yes
- Not sure
- No

**19: Does your school do anything to mark National Anti-Bullying Week?**

- Yes
- No
- Not sure

**20: Tick which of these things you know your school has or does to prevent bullying or to support children and young people who are bullied.**

(you may tick more than one box)

**School Anti-Bullying Policy**

(a written document with your school's methods of stopping bullying)

No  Yes

**Assemblies about bullying**

(whole school assemblies where bullying is discussed)

No  Yes

**Classroom lessons about bullying**

(talking about bullying with your class and teacher)

No  Yes

**Staff take bullying seriously**

(if bullying happens, teachers/other staff take action to stop it)

No  Yes

**The school takes action against homophobic bullying**

(staff respond to this kind of bullying)

No  Yes

**Posters or leaflets around the school**

(giving information about bullying in corridors and classrooms)

No  Yes

**Playground work**

(ways of making the playground safe from bullying, such as lunchtime supervisors)

No  Yes

**Peer supporters, buddies, befrienders, mentors**

(older pupils are trained to help or support victims of bullying)

No  Yes

**Counselling**

(someone with special training who can help both bullies and victims change their ways)

No  Yes

*Thank you for completing this questionnaire*

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## Pupil/student information sheet

### Please keep this or pass it to a friend

If you have a problem with any issues relating to bullying, please talk to someone. A teacher or headteacher will be able to help you. If your school has a peer-support scheme, you could use that. If you do not feel comfortable talking to someone in your school, you can talk to someone you can trust, a friend, parent or carer. They can come with you to talk to a teacher or someone else about the problem.

You can also call ChildLine free on 0800 1111; someone is there all the time and the number will not show up on the telephone bill. If you cannot get through the first time please try again.

If you have access to the internet you can go to the Anti-Bullying Alliance website which has a section headed 'Children' that will give you more information and advice on dealing with bullying.

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

It is important to remember that bullying happens to many people, and you are not alone. There are people in your school and outside who can listen and offer advice.

**REMEMBER: KEEPING QUIET ABOUT BULLYING ALLOWS IT TO GO ON**

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