

Themes discussed by children and young people with their counsellor/arts therapist

Personal/self		Family/home		School		Abuse	
<i>Accommodation</i>	81	<i>Parent(s)</i>	449	<i>Attendance Difficulties</i>	36	<i>Emotional</i>	13
<i>Anxiety/Stress</i>	209	<i>Parental Expectations</i>	130	<i>Behaviour</i>	293	<i>Neglect</i>	8
<i>Bereavement</i>	66	<i>Siblings</i>	246	<i>Stress</i>	89	<i>Physical</i>	13
<i>Suicidal</i>	5	<i>Split Family/Separation</i>	214	<i>Relationships with Staff</i>	200	<i>Racial</i>	0
<i>Criminal Activity</i>	37	<i>Step Family</i>	72	<i>Transitions</i>	44	<i>Rape</i>	6
<i>Depression</i>	35	<i>Adoption</i>	2	<i>Victim</i>	70	<i>Sexual</i>	11
<i>Gender/Sexuality</i>	2	<i>Looked after Children</i>	27	<i>Bullying</i>	73	<i>Violence/Assault</i>	61
<i>Identity</i>	193	<i>Young carer</i>	5	<i>Learning Difficulties</i>	39		
<i>Traumatic Event</i>	53	<i>Behaviour</i>	87	<i>Inappropriate Referral</i>	3		
<i>Self-esteem</i>	338						
<i>Self-harm</i>	18						
<i>Transitions</i>	102						
<i>Anger</i>	227						

Health		Racial/cultural		Relationships	
<i>Alcohol</i>	53	<i>Discrimination</i>	1	<i>Boy/Girlfriend</i>	73
<i>Disability</i>	8	<i>Identity</i>	8	<i>Isolation/Loneliness</i>	86
<i>Drugs</i>	25	<i>Cultural Expectations</i>	2	<i>Counselling relationship</i>	314
<i>Eating Disorder</i>	21	<i>Travelling Families</i>	4	<i>Peer relationships</i>	380
<i>Illness</i>	14	<i>Racism</i>	5		
<i>Gambling</i>	4				